

Presented by:



WHEN:

Wed., May 1, 2019

9 am to 5 pm

8:30 am sign-in and
continental breakfast

WHERE:

Management Education
Center

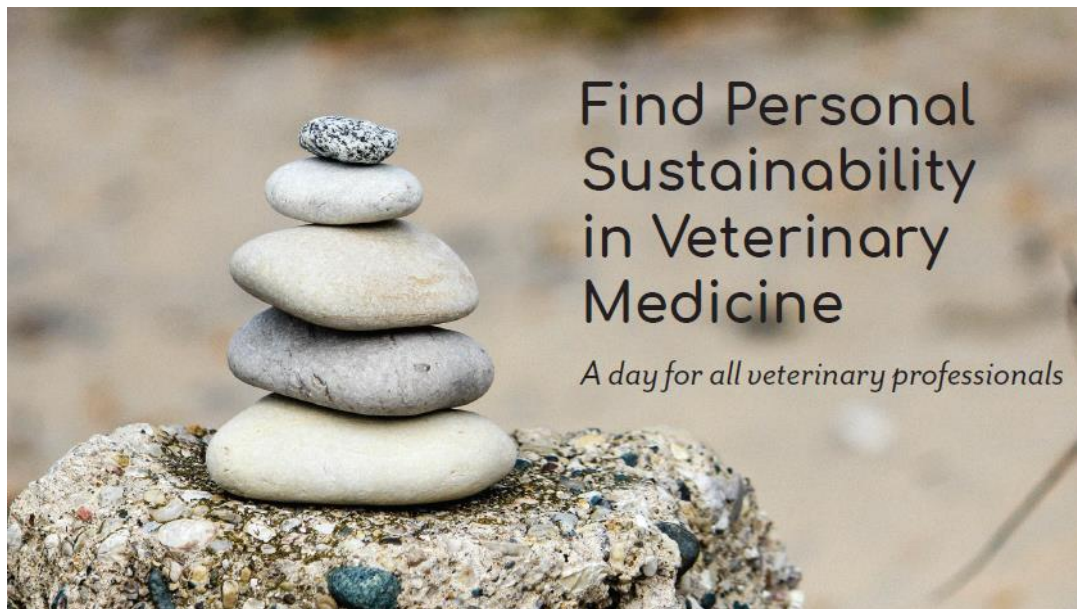
811 W. Square Lake Rd.

Troy, MI

(248) 879-2456

www.mectroy.com

*A special thanks to our
sponsors:*



Find Personal Sustainability in Veterinary Medicine

A day for all veterinary professionals

Dr. Pope-Robinson's workshop is designed to help each individual on his or her own personal journey to career resiliency.

As veterinarians and caregivers, we sometimes feel dark and lonely – trapped by our obligations and the expectation of the world. We care for so many lives. Yet our own lives can feel unspoken for. This wellness program will look at:

- Finding balance between the negative and the positive
- Harnessing the core principles of connection
- Overcoming challenges with empathy and humor
- Recognizing, embracing, and connecting to life again

We don't have to blame and judge ourselves. We don't need to be fixed. We are normal, loved, and wanted. More, we are in control, and we can move forward with our lives. We are one life connected. And we can cross that bridge back to connection, starting with just one step.

ADDITION INFORMATION:

For additional information call SEMVMA office, (248) 651-6332.



ABOUT THE SPEAKER:

Dr. Pope has been in veterinary medicine for over 20 years, practicing in both the large and small animal sectors. In addition she supported the position of a multi-unit manager for a large corporate practice and spent time in the pharmaceutical sector working with specialists and universities. Her career has provided her a unique understanding of the stresses involved with maintaining a career in this industry, and she now dedicates her time to providing wellbeing support for the profession through her company 1 Life Connected. She provides this support through 1 on 1 coaching, customized team events, and as a dynamic international speaker. In the end, Dr. Pope truly believes that we are all 1 Life Connected.

Program Highlights: This interactive workshop provides a high-level understanding and approach to well-being in the veterinary profession, offering clarity about the struggle that many face in finding career contentment.

Attendees will:

- Gain a full understanding of challenges and struggles currently present in the industry for career sustainability
- Become mindful of our response to daily interactions
- Be provided with a framework to utilize going forward to find a personal sustainable path
- Begin the journey to our path to stay connected to our joy and our pain
- Begin the path to stay connected to ourselves and all of humanity while working within the veterinary industry
- Use imagery to allow each of us to begin the process to become more aware of our current state related to our career.
- Learn how to take an active part in creating our environment and have the full understanding how we are not victims to our surroundings.

REGISTRATION: \$100 for SEMVMA members & member practice staff, \$150 for non-members, *registration fee includes continental breakfast and lunch.* Registration deadline is Wednesday, April 12, 2019. Same day registration will be an additional \$25.

Date: Wednesday, May 1, 2019

Location: Business Education Center, 811 W. Square Lake Rd., Troy, MI (www.mectroy.com).

Sign-in and continental breakfast start at 8:30 am. Seminar begins at 9 am. Registration fee includes continental breakfast and lunch. Early registration is strongly suggested as seating is limited to 80 attendees. Payment is required prior to attending seminar. Registration deadline is April 12, 2019.

Registration Fees:

___ SEMVMA members (& member practice staff) \$100.00 / person
 ___ Non-Members \$150.00 / person
 ___ Same day registration = additional \$25.00
 Total Enclosed \$_____

Attendee Information:

Name: _____
 Address: _____

 Phone: _____
 Email Address (We will send out reminders): _____

Payment Information:

Visa/MasterCard: _____
 Exp. Date: _____ 3 Digit Security Code: _____
 Signature: _____

Make checks payable to SEMVMA, and send this form with payment to:

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